Plazmaman Barra 4.0 L head stud kit

Step 1 please ensure all threads are cleaned and anti-seize is used on all threads, nuts and washers

Step 2 insert each stud finger tight using the allen key head

Step 3 tighten each nut from the middle of engine out to factory specs in 3 steps finishing on 110ft lbs

Step 4 once you have done 1 heat cycle through the engine check torque on each nut and adjust as needed